**Mental health and wellbeing strategy: children and young people’s version**

# This response form is for use with the children and young people’s version.

# This form is only for children and young people (up to the age of 25). If you are over 25 please use either the online response form or downloadable easy read response form.

# **General information**

**Your name (optional):**

**Organisation (if applicable):**

**Which version of the strategy have you looked at? Please tick all that apply.**

* Draft mental health and wellbeing strategy [ ]
* Children and young people's version [ ]
* Easy read version [ ]

**If you want to receive a receipt of your response, please provide an email address:**

**Responses to consultations may be made public. To keep your response anonymous (including email addresses) tick the box:** [ ]

**Consultation questions**

**Question 1**

Do you agree this is what Wales should be like in the future? People in Wales live in communities that:

* promote and support mental health and wellbeing
* give them the power to improve their mental health and wellbeing
* are free from stigma and discrimination
* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 1a**

Why?

**Question 2**

Do you agree with our ten principles?

* support is based around your rights
* support is for all ages
* support puts people and their needs first
* support helps to promote equity of access, experiences and outcomes
* support works together and has ‘No wrong door’. It connects together and is open to everyone
* support is delivered by a skilled workforce
* support looks at everything that affects mental health
* support understands trauma
* support is based on evidence and focusses on outcomes
* support steps in quickly
* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 2a**

Why?

In the strategy, we have 4 goals. We’d like to know what you think of them. You only need to answer about the ones that you’re interested in.

**Goal 1**

**Question 3**

We want people to have the knowledge, confidence and opportunities to protect and improve their mental health and wellbeing.

Do you agree with our actions to reach this goal?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 3a**

Why?

**Goal 2**

**Question 4**

We want all Government departments and services to work together.

Do you agree with our actions to reach this goal?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 4a**

Why?

**Goal 3**

**Question 5**

We want a connected system so everyone gets the right support when they first ask for help.

Do you agree with our actions to reach this goal?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 5a**

Why?

**Goal 4**

**Question 6**

We want all support for mental health to put the person first, to meet their needs in the right way, at the right time, without delays.

Do you agree with our actions to reach this goal?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 6a**

Why?

**The strategy overall**

**Question 7**

This strategy is for all age groups. Whenever we talk about everybody, we are talking about babies, children, young people, adults and older adults. Do you agree that the strategy is clear about how it will help each age group?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 7a**

Why?

**Question 8**

The Welsh language is important. Do you think this strategy will impact the Welsh language? How could we change the strategy to give people greater opportunities to use the Welsh language? How could we change the strategy to make sure that the Welsh language is treated as well as the English language?

**Question 9**

What matters most to you about mental health and wellbeing?