



Welsh Government  
**Consultation Document**

**Living with Persistent Pain in Wales Guidance**

Date of issue: 5 June 2018

Action required: Responses by 14 September 2018

Mae'r ddogfen yma hefyd ar gael yn Gymraeg.  
This document is also available in Welsh.

**Overview** We are currently developing guidance to replace the Welsh Government's Service Development and Commissioning Directive for Chronic Non-Malignant Pain which was published in June 2008.

This consultation seeks your views on the proposed direction of the draft guidance.

**How to respond** This consultation will close on 14 September 2018. You may respond by email or post.

**Email**

Please complete the consultation response form and send it to:  
[MajorHealthConditionsPolicyTeam@gov.wales](mailto:MajorHealthConditionsPolicyTeam@gov.wales)

**Post**

Please complete the consultation response form and send it to:

Major Health Conditions  
Welsh Government  
Cathays Park  
Cardiff  
CF10 3NQ

**Further information and related documents** **Large print, Braille and alternative language versions of this document are available on request.**

**Contact details**

For further information:

Address: Major Health Conditions  
Population Health Directorate  
Welsh Government  
Cathays Park  
Cardiff  
CF10 3NQ

email: [MajorHealthConditionsPolicyTeam@gov.wales](mailto:MajorHealthConditionsPolicyTeam@gov.wales)

## General Data Protection Regulations

The Welsh Government will be data controller for any personal data you provide as part of your response to the consultation. Welsh Ministers have statutory powers they will rely on to process this personal data which will enable them to make informed decisions about how they exercise their public functions. Any response you send us will be seen in full by Welsh Government staff dealing with the issues which this consultation is about or planning future consultations.

In order to show that the consultation was carried out properly, the Welsh Government intends to publish a summary of the responses to this document. We may also publish responses in full. Normally, the name and address (or part of the address) of the person or organisation who sent the response are published with the response. If you do not want your name or address published, please tell us this in writing when you send your response. We will then redact them before publishing.

Names or addresses we redact might still get published later, though we do not think this would happen very often. The Freedom of Information Act 2000 and the Environmental Information Regulations 2004 allow the public to ask to see information held by many public bodies, including the Welsh Government. This includes information which has not been published. However, the law also allows us to withhold information in some circumstances. If anyone asks to see information we have withheld, we will have to decide whether to release it or not. If someone has asked for their name and address not to be published, that is an important fact we would take into account.

However, there might sometimes be important reasons why we would have to reveal someone's name and address, even though they have asked for them not to be published. We would get in touch with the person and ask their views before we finally decided to reveal the information.

Your data will be kept for no more than three years. Under the data protection legislation, you have the right:

- to access the personal data the Welsh Government holds on you;
- to require us to rectify inaccuracies in that data
- to (in certain circumstances) object to or restrict processing
- for (in certain circumstances) your data to be 'erased'
- to lodge a complaint with the Information Commissioner's Office (ICO) who is our independent regulator for data protection

The contact details for the Information Commissioner's Office are:

Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Telephone: 01625 545 745 or  
0303 123 1113

Website: [www.ico.gov.uk](http://www.ico.gov.uk)

For further details about the information the Welsh Government holds and its use, or if you want to exercise your rights under the GDPR, please see contact details below:

Data Protection Officer:

Welsh Government  
Cathays Park

CARDIFF  
CF10 3NQ

Email Address:

[DataProtectionOfficer@gov.wales](mailto:DataProtectionOfficer@gov.wales)

## **What are the main issues?**

We are replacing the Welsh Government's Service Development and Commissioning Directive for Chronic Non-Malignant Pain which was published in June 2008.

Working with clinical and academic partners, we are replacing this directive using a co-productive approach. The new guidance includes effective ways of working in the future for health and social care professionals, as well as people living with persistent pain.

Our aim is to move towards a greater focus on support to help people develop skills to enable them to manage persistent pain for themselves, whenever and wherever they need to, and in so doing increasing their ability to stay in work and live the lives they want to live.

## **Where are we now?**

In 2008 the Welsh Government produced Service Development and Commissioning Directives for Chronic Non-Malignant Pain to support the assessment and management of those living with or experiencing persistent pain in Wales.

The document seeks to aid health boards and health professionals as well as the general public, to help raise awareness regarding the different approaches people can undertake to managing and treating their pain.

## **The evidence for change**

As new approaches to health care within Wales have been adopted, namely a strategy known as Prudent Health, we need to revise service provision and issue new guidance.

## **Consultation Response Form**

Your name:

Organisation (if applicable):

email / telephone number:

Your address:

## **Living with persistent pain**

We wish to highlight the reality for those experiencing and living with persistent pain. We also want to consider how services can be best arranged to address a variety of needs; from those who want simple strategies including self management, to those who have complex needs that require specialist care.

**To this end we have included a number of questions to consider relating to the content of the document:**

### **Living with persistent pain**

1. How can services be further developed to be more effective?
2. What are the key areas that health and social care professionals need to be aware of to treat and manage persistent pain effectively?

### **Evidenced based care**

3. Is there any new research or evidence not included in the document that you are aware of which should be taken into account to better enable people to live with persistent pain?

### **The way forward**

4. What further support would provide help to patients and their needs?
5. What are the most effective and accessible means of helping people with persistent pain to find information, assistance and advice?

### **Supported self management**

6. What are the most effective and accessible self management techniques?

### **Health & Social Care provision**

7. Does the guidance capture all the elements of a good therapeutic relationship and what effective help looks like? What else can be recommended?
8. How can local health boards, local authorities and third sector organisations support people with persistent pain to live as well as possible?

### **Additional questions**

9. Are there any terms or phrases in the document you feel would benefit from further explanation in a glossary?
10. We would like to know your views on the effects that persistent pain management guidance would have on the Welsh language, specifically on:

- i) opportunities for people to use Welsh and
- ii) on treating the Welsh language no less favourably than English.

**What effects do you think there would be? How could positive effects be increased, or negative effects be mitigated?**

11. Please also explain how you believe the proposed policy could be formulated or changed so as to have:

- i) positive effects or increased positive effects on opportunities for people to use the Welsh language and on treating the Welsh language no less favourably than the English language, and
- ii) no adverse effects on opportunities for people to use the Welsh language and on treating the Welsh language no less favourably than the English language.

12. We have asked a number of specific questions. If you have any related issues which we have not specifically addressed, please use this space to report them:

Please enter here:

Responses to consultations are likely to be made public, on the internet or in a report. If you would prefer your response to remain anonymous, please tick here:

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