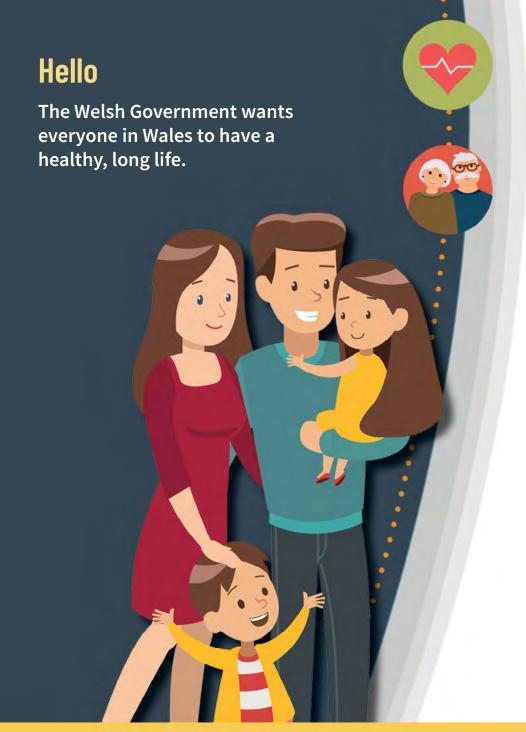
# **A Smoke-Free Wales**

Our long-term Tobacco Control Strategy for Wales





A young people's summary



We are on a journey where fewer and fewer people smoke and use tobacco in Wales.

In 2007

We banned smoking in indoor places like restaurants.

In 2015

We banned smoking in cars with children.

In 2021

We banned smoking in outdoor spaces around hospitals, schools and playgrounds.

Now... this tells you about our plan for a smoke-free Wales by 2030.

### Some facts

Being a **smoke-free** nation:

- helps protect everyone from second-hand smoke
- reduces illness and deaths
- changes attitudes to smoking so it's not a normal thing to do
- motivates smokers to quit
- reduces the number of people who start smoking.



**Tobacco** contains nicotine which is addictive and makes it difficult to quit.



Tobacco smoke contains over **5,000** harmful chemicals and many of these are harmful.

#### In Wales:

14% of adults in Wales still smoke.

**4%** of young people in Wales aged 11-16 smoke at least weekly.



Smoking doesn't only harm the person who is smoking.

#### Second-hand smoke is harmful.

If pregnant people smoke, it's bad for the unborn baby.



**Our Vision** 

We want to be a smoke-free Wales by 2030.

Smoke free means 5% or less adults in Wales smoke.

To reach this goal we will focus on 3 main themes.

### Theme 1:

### **Reducing inequalities**

...to support groups of people who are more likely to smoke.

We know smoking is more common in some communities than in others. Some groups of people are also more likely to smoke than others:

- people who live in more deprived areas
- people with mental health conditions
- people from some ethnic backgrounds
- people from the LGBTQ+ community.

This means that they can face more health problems.

#### By 2030 you will see:



fewer health inequalities caused by smoking



more and more people helped to quit smoking

groups with the highest risk of starting smoking are getting extra support so that they don't start smoking in the first place



stop smoking support that works is available to everyone but targeted to where it's needed the most.







# **Next steps**

To support this strategy, we will publish a series of two-year delivery plans. The first plan will be from 2022-2024.

# Thanks for reading this

If you want to know more about this Tobacco Control Strategy for Wales, go to: <a href="mailto:gov.wales/tobacco-control-strategy-wales-and-delivery-plan">gov.wales/tobacco-control-strategy-wales-and-delivery-plan</a>

