**Draft mental health and wellbeing strategy**

# **General information**

**Your name (optional):**

**Organisation (if applicable):**

**Your interest in the strategy. Please tick all that apply.**

* Lived experience [ ]
* Carer [ ]
* Member of the public [ ]
* Health care staff [ ]
* Social care staff [ ]
* Third sector staff [ ]
* Other professional role [ ]
* Organisational response [ ]
* Prefer not to say [ ]

**Which version of the strategy have you looked at? Please tick all that apply.**

* Draft mental health and wellbeing strategy [ ]
* Children and young people's version [ ]
* Easy read version [ ]

**If you want to receive a receipt of your response, please provide an email address:**

**Responses to consultations may be made public. To keep your response anonymous (including email addresses) tick the box:** [ ]

**Consultation questions**

**Question 1**

# How much do you agree that the following statement sets out an overall vision that is right for Wales?

# “People in Wales will live in communities which promote, support and empower them to improve their mental health and wellbeing, and will be free from stigma and discrimination. We will take a rights-based approach to ensuring that everyone has the best mental health possible. There will be a connected system of support across health, social care, third sector and wider, where people can access the right service, at the right time, and in the right place. Care and support will be person-centred, compassionate and recovery-focused, with an emphasis on improving quality, safety and access. Care and support will be delivered by a workforce that feels supported and has the capacity, competence and confidence to meet the diverse needs of the people of Wales.”

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 1a**

What are your reasons for your answer to question 1?

**Question 2**

In the introduction, we have set out ten principles that are the building blocks of the new Mental Health and Wellbeing Strategy. Do you agree these principles are the right ones?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 2a**

What are your reasons for your answer to question 2?

In the strategy, we have a number of sections which are informed by four key vision statements. These four vision statements represent our overall aims. We would like to know what you think of each of them. You can answer questions about as many of the statements that are of interest to you.

**Vision statement 1**

**Question 3**

Vision statement 1 is that people have the knowledge, confidence and opportunities to protect and improve mental health and wellbeing. Do you agree that this section sets out the direction to achieve this?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 3a**

What are your reasons for your answer to question 3?

**Question 3b**

We’ve included a number of high-level actions for vision statement 1 in the strategy. Do you agree with these actions?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 3c**

Are there any changes you would like to see made to these actions?

**Vision statement 2**

**Question 4**

Vision statement 2 is that there is cross government action to protect good mental health and wellbeing. Do you agree that this section sets out the direction to achieve this?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 4a**

What are your reasons for your answer to question 4?

In this section we say what different parts of Welsh Government will do to meet the objectives of vision statement 2:

* what mental health policy can do (question 4b)
* what wider Welsh Government will do (question 4c)

**Question 4b**

Is there anything else that mental health policy can do to ensure that work across Government improves mental health outcomes?

**Question 4c**

There is lots of work happening across Government that could improve mental health outcomes. Is there any work we have missed that you think we should include?

**Question 4d**

We’ve identified a number of high-level actions for vision statement 2 in the strategy, do you agree with them?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 4e**

Are there any changes you would like to see made to these actions?

**Vision statement 3**

**Question 5**

Vision statement 3 is that there is a connected system where all people will receive the appropriate level of support wherever they reach out for help. Do you agree that this section sets out the direction to achieve this?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 5a**

What are you reasons for your answer to question 5?

**Question 5b**

We’ve identified a number of high-level actions for vision statement 3 in the strategy, do you agree with them?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 5c**

Are there any changes you would like to see made to these actions?

**Vision statement 4**

**Question 6**

Vision statement 4 is that people experience seamless mental health pathways – person-centred, needs led and guided to the right support first time without delay. Do you agree that this section sets out the direction to achieve this?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 6a**

What are your reasons for your answer to question 6?

**Question 6b**

We’ve identified a number of high-level actions for vision statement 4 in the strategy, do you agree with them?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 6c**

Are there any changes you would like to see made to these actions?

**Question 7**

We have identified some areas where action is needed to support the mental health system as a whole. These areas are:

* digital and technology
* data capture and measurement of outcomes
* supporting the mental health workforce
* physical infrastructure (including the physical estate of services)
* science, research and innovation
* communications

Do you agree these are the rights areas to focus on?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 7a**

What are your reasons for your answer to question 7?

**The strategy overall**

**Question 8**

The high-level actions in the strategy will apply across the life of the strategy. They will be supported by delivery plans that provide detailed actions. These delivery plans will be updated regularly. Are there any detailed actions you would like to see included in our initial delivery plans?

**Question 9**

This is an all-age strategy. Whenever we talk about our population, we are including babies, children, young people, adults and older adults in our plans. How much do you agree that the strategy is clear about how it delivers for all age groups?

* Strongly agree [ ]
* Agree [ ]
* Neither agree or disagree [ ]
* Disagree [ ]
* Strongly disagree [ ]

**Question 9a**

What are your reasons for your answer to question 9?

**Question 10**

We have prepared impact assessments to explain our thinking about how our strategy may impact Wales and the people who live in Wales. We have thought about positive and negative impacts. Is there anything missing from the impact assessments that you think we should include?

**Question 11**

We would like to know your views on the effects that the strategy could have on the Welsh language. How could we change the strategy to give people greater opportunities to use the Welsh language? How could we change the strategy to make sure that the Welsh language is treated as well as the English language?

**Question 12**

We have asked a number of specific questions. If you have any related issues which we have not specifically addressed, please use this space to report them.