

Easy Read



Llywodraeth Cymru
Welsh Government

Suicide and Self-Harm Prevention Strategy

Response form



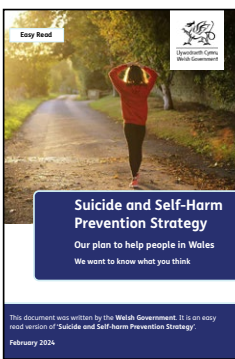
This document was written by the **Welsh Government**. It is an easy read version of the questions we want to ask about the **'Suicide and Self-Harm Prevention Strategy.'**

February 2024

About this response form



We want to know what you think about the **Suicide and Self-Harm Prevention Strategy**.



Please read the main document then answer the questions.



Words in **bold and blue** may be hard to understand. You can check what they mean on **page 35** of the main document.



Please send your response form back to us by **Tuesday 11 June 2024**.



You can fill this form in on your computer and email it to: mentalhealthandvulnerablegroups@gov.wales

Or print it and post it to:



Mental Health and Vulnerable Groups Team
Welsh Government
Cathays Park
Cardiff
CF10 3NQ



If you want this information in a different format or language, email: mentalhealthandvulnerablegroups@gov.wales.



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About you



If you do not want anyone to know your name please tick here:

Your name:



Who you work for (if answering for work):



Your phone number or email address:





I am a:

(Please tick all that apply to you)

Person who has experience of mental health and wellbeing issues

Carer

Member of the public

Health care staff

Social care staff

Third sector staff

Other professional

I am replying for my organisation

I prefer not to say

Questions

Question 1



Read **pages 4 to 8** of the main document.

We want to stop people from:

- ending their own lives
- and hurting themselves.

We also want people in Wales affected by **suicide** and **self-harm** to:

- Feel safe and not judged.
- Get help when they need it.
- Be able to help others.



Do you agree with this aim?

Strongly agree

Agree

Not sure

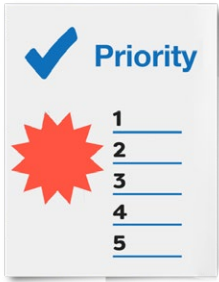
Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:

Question 2



Read **pages 10 to 20** of the main document.

Do you agree with the **priority groups** and high-risk groups we listed in the strategy?

Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:

Question 3

Read **pages 23 and 24** of the main document.



Do you agree with Goal 1?

Goal 1: Collect facts and information on suicide and self-harm in Wales. Use this to make policy and actions.

Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:



**How do you think we could achieve this goal?
Please write in the box below:**

Question 4

Read **pages 25 and 26** of the main document.



Do you agree with Goal 2?

Goal 2: Work with everyone in the government to deal with the reasons for suicide. Do something about them.

We will use the **Mental Health and Wellbeing Strategy** to improve **mental health** and **wellbeing**.

Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:



**How do you think we could achieve this goal?
Please write in the box below:**

Question 5

Read pages 27 and 28 of the main document.



Do you agree with Goal 3?

Goal 3: Give support to **vulnerable groups in society.**

Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:



**How do you think we could achieve this goal?
Please write in the box below:**

Question 6

Read **page 29** of the main document.

Do you agree with Goal 4?

Goal 4: Make people aware of suicide and self-harm and how to help people.



Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:



**How do you think we could achieve this goal?
Please write in the box below:**

Question 7

Read **pages 30 and 31** of the main document.

Do you agree with Goal 5?



Goal 5: Be kind and caring to people who:

- self-harm
- have thoughts of suicide
- have lost someone to suicide.

Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:



**How do you think we could achieve this goal?
Please write in the box below:**

Question 8

Read **page 32** of the main document.



Do you agree with Goal 6?

Goal 6: Make sure people writing about self-harm, suicide in media and online, help.

Strongly agree

Agree

Not sure

Disagree

Strongly disagree



Please tell us why you agree or disagree. Please write in the box below:



**How do you think we could achieve this goal?
Please write in the box below:**

Other questions

Question 9



This strategy is for everyone. It includes:

- babies
- children
- young people
- adults
- and older people.

Was this made clear in the strategy?

Yes

No

Not sure

Please tell us if you have any comments. You can write in the box below:

Question 10



Do you think this strategy could have any effect on the Welsh language?

Yes

No

Not sure

What could we do to make sure it is treated fairly to the English language? If you have any comments, you can write in the box below:



Question 11

Is there anything else you want to say about the strategy? Please write in the box below: