



Llywodraeth Cymru
Welsh Government

Violence Against Women, Domestic Abuse and Sexual Violence

Information and guidance for Secondary Schools delivering educational resources

Mae'r ddogfen yma hefyd ar gael yn Gymraeg.
This document is also available in Welsh.



VIOLENCE AGAINST WOMEN DOMESTIC ABUSE AND SEXUAL VIOLENCE (WALES) ACT 2015 - EDUCATION PROGRAMME

Information for **Secondary Schools** delivering educational resources

This information and guidance is provided to accompany the Welsh Women's Aid and AVA review of existing healthy relationships and gender-based violence, domestic abuse and sexual violence related teaching resources, commissioned by Welsh Government.

It should be used in conjunction with the Good Practice Guide - Whole Education Approach to Violence against Women, Domestic Abuse and Sexual Violence in Wales.

Introduction

There are many opportunities within the secondary school curriculum to develop young people's understanding and skills to prevent violence against women, domestic abuse and sexual violence. Many schools are already doing interesting and innovative work.

The following are the key themes to integrate into current work:

- Changing gender norms, roles and expectations.
- Building respectful relationships.
- Identifying and understanding violence against women, domestic abuse and sexual violence.
- Challenging and stopping violence against women, domestic abuse and sexual violence.
- Help-seeking and support.

Top tips for working in secondary schools:

- Make a strategic decision to integrate work on violence against women, domestic abuse and sexual violence and gender equality into the curriculum, ensuring governor and head teacher support.
- Integrate this commitment into relevant school policies, for example the School Improvement Plan or link into strategic equality plans and associated equality objectives for the school.
- Create a working group or support a member of school staff to co-ordinate department leads' development and implementation of the work.



- Organise staff and governor seminars to raise awareness, assess aims and implementation, and develop a clear action plan.
- Plan a school INSET session on equality, with a training session for each department on how to integrate violence against women, domestic abuse and sexual violence and gender equality issues into the work that they are already doing.
- Work with curriculum leads to create a map across the curriculum that shows where gender equality and violence against women and girls, domestic abuse and sexual violence are discussed.
- Implement the work with 'whole school' structures, activities – assemblies, use of World Days (e.g. International Day for the Elimination of Violence against Women, 25 November, International Women's Day, 8th March) – and tutorial programmes.
- Ensure that school staff members are aware and informed of procedures for school incidents or disclosures, and that clear and active links are established with relevant external agencies, for pastoral and curriculum inputs and support.
- Seek help and guidance from local professionals within the Local Authority or voluntary sector, including within safeguarding and child protection, domestic abuse and sexual violence and youth services. Link into local partnerships and national ones, where they exist.
- Work in partnership with other schools, in clusters or federations to develop the work.

Resources for use in secondary schools

Name of Resource: Boardworks

Developed by: Boardworks

Link to resource: http://www.boardworks.co.uk/ks3ks4-pshee_352/

Aims: To provide interactive resources and presentations for use in schools on a range of issues across the curriculum.

Topics covered: 22 subjects including relationships, sex education, emotional health. Delivery is via interactive presentations with films, animations, cases studies and quizzes.

Length: Varies

Delivery: Boardworks is a publisher of a complete range of software designed for whole class teaching on interactive whiteboards and projectors. To be used by teachers.



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Name of Resource: Cat's Paw

Developed by: Cat's Paw Theatre developed in close collaboration with North Wales Police and the Community Safety Partnerships in North Wales.

Link to resource: <http://www.andreawilder.fastmail.fm/catspaw/index.html>

Aims: To encourage young people to discuss a sensitive subject in a well-supported and safe environment

Topics covered: Rape and sexual consent

Length: One off theatre production, 1-2 hours

Delivery: Theatrical forum theatre presentation delivered by Cat's Paw actors.

Name of Resource: CYP Recovery Toolkit

Developed by: Sue Penna

Link to resource: http://www.suepenna.co.uk/courses.html?task=view_event&event_id=25

Aims: To help children and young people come to terms with their experiences and to develop positive lifestyle and coping strategies. This programme has been written for children who are no longer with the abusive parent or whose abusive parent is on a recognised perpetrator programme. This programme is informed by Trauma Focused Cognitive Behaviour Therapy.

Topics covered: Responsibility, feelings and thoughts, self-esteem, gender, parent relationships, anger, relaxation, healthy relationships.

Length: 8 weeks

Delivery: By trained staff (see website for details of courses).



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Name of Resource: Hidden – An Educational Resource on Child Sexual Exploitation

Developed by: Lisa Ambrose for Barnardo's Cymru Seraf Service in partnership with Welsh Government

Link to resource: <http://hwb.wales.gov.uk/Resources/resource/9a96a74b-c215-402d-b314-3e5accf2d0f0/en>

Aims: To safeguard and educate young people to stay safe and prevent child sexual exploitation delivered via lesson plans and extension activities within the school environment.

Topics covered: Child sexual exploitation, grooming, health and unhealthy relationships, consent, protection and safety

Length: Flexible – will vary

Delivery: Lesson plans and extension activities to be delivered by teachers in schools

Name of Resource: Safety Trust and Respect (STAR) Crucial Crew

Developed by: Welsh Women's Aid, as part of multi-agency *Crucial Crew* delivery.

Link to resource: <http://www.welshwomensaid.org.uk/>
<http://www.crucial-crew.org/>

Aims: *Crucial Crew* is a multi-agency approach to passing on safety messages aimed at year 7 in secondary schools (and year 6 pupils in secondary schools). Delivery involves different agencies including Fire and Rescue Service, Police, British Red, Domestic Abuse Services, Transport Police and Food Standard Agency. The school year are separated into groups and spend up to half an hour learning about a particular safety message. STAR Crucial Crew provides an awareness raising session about domestic abuse, safety planning and where to access support.

Topics covered: Domestic abuse (amongst other issues from different agencies).

Length: Up to 25 - 30 mins for the domestic abuse help-seeking session.



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Delivery: Delivered by 2 STAR trained facilitators. A 2.5 hour training course is available from Welsh Women's Aid to support delivery of this by expert specialist services, at a local level.

Name of Resource: Safety Trust and Respect (STAR) Programme
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Developed by: Welsh Women's Aid and local domestic abuse services, supported by Welsh Women's Aid Children Matter Project.

Link to resource: <http://www.welshwomensaid.org.uk/>

Aims: Encourage healthy relationships and the development of safety, trust and respect, in a safe and friendly environment (prevention, awareness and support for domestic abuse, sexual violence and violence against women).

Topics covered: Topics include healthy and respectful relationships; domestic and sexual abuse/violence against women; gender stereotyping and equality; sexual consent; non-violent communication; pornography and sexual exploitation; sex, phones and the internet; building resilience and help-seeking. The sessions are young person lead and promote group discussions. The programme empowers young people to recognise early warning signs and dangers of unhealthy relationships, empowering them to make good choices.

The programme is flexible and can be used with small groups, youth services and community groups, as well as school classroom sizes. These sessions can also be used as workshops for parents' evenings and teacher training.

The core STAR programme is accompanied by **STAR Group Work (trauma recovery)** which provides parallel groups for children, young people and their mothers to strengthen their relationship following domestic abuse.

Length: Flexible and varied; STAR young people is ideally 8 x one hour lessons.

Delivery: Delivered by 2 STAR trained facilitators. One and two day facilitator training is available from Welsh Women's Aid Children Matter project, to deliver education sessions and the groupwork programmes.



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Name of Resource: School Beat

Developed by: All-Wales School Liaison Core Programme.

Link to resource: <https://www.schoolbeat.org>

Aims: To provide information and lessons for teachers, on a range of safety issues, as a follow up to lessons delivered by School Community Police Officers.

Topics covered: Domestic abuse, internet safety, sexting, sexual consent, stereotypes and prejudice, sexual exploitation.

Length: 8 lessons of 1-2 hours each.

Delivery: Delivered by school teachers (all resources needed are available on the website).

Name of Resource: Sexpression

Developed by: Sexpression:UK

Link to resource: <http://sexpression.org.uk/>

Aims: To empower children and young people to make decisions about sex and relationships by running informal and comprehensive sex and relationship sessions in the community.

Topics covered: Sex, relationships and bodily changes, STIs, safer sex and contraception, practical sex and consent, relationships and abuse, sexual orientation and gender identity (LGBT+), sex and the media.

Length: One off sessions.

Delivery: Delivered by trained university students.



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Name of Resource: Spectrum

Developed by: Hafan Cymru

Link to resource: <http://spectrumproject.co.uk/>

Aims: To promote the importance of healthy relationships and raise the awareness of children, young people and adults about the issues surrounding domestic abuse, sexual violence and gender based violence.

Topics covered: The Spectrum PSE pack for secondary schools has been based around common controlling behaviours and experiences associated with domestic abuse, emphasising that the underlying cause of domestic abuse is one individual using bullying behaviour and manipulation to gain power and control over another. Topics include: belonging, family, sexual consent, sexual exploitation, forced marriage, stages of abuse, sexual violence and violence against women.

Length: 6 x one hour lessons.

Delivery: Delivered by spectrum staff who are also all qualified and experienced teachers.

Name of Resource: Spiralling (film)

Developed by: Bristol Against Violence and Abuse

Link to resource: <http://www.bava.org.uk/>

Aims: To enable young people to recognise abuse in relationships and understand how to get help.

Topics covered: Relationship abuse, rape, consent, controlling behaviour and help-seeking.

Length: 25 minute film.

Delivery: Can be used by school staff alongside accompanying toolkit of resources and activities.



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The **AVA Prevention Platform** contains a useful database of resources, activities, films and lesson plans which is searchable by age. You can search by topic and by the education category 'further education' and find more resources.

http://www.preventionplatform.co.uk/?page_id=136