

# WELSH HEALTH CIRCULAR



Llywodraeth Cymru  
Welsh Government

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**Title: Launch of the Reading Well Books on prescription for Dementia**

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**For Action by:**  
*GP Surgeries*

**Action required by:** *N/A*

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**Enclosure(s):** None

Dear Colleague

The purpose of this circular is to inform you of the Reading Well Books on Prescription for Dementia.

Reading Well helps people to understand and manage their health and wellbeing. *Reading Well Books on Prescription for dementia* provides information and support for people living with dementia, as well as their relatives and carers.

Funded by the Welsh Government, the specially curated list of books is delivered by [The Reading Agency](#) in partnership with the Society of Chief Librarians Cymru and is endorsed by health professionals. The charity is working with the Welsh Books Council to make the books available in Welsh, for the first time.

The initiative was officially launched at the European Association for Health Information and Libraries (EAHIL) conference in Cardiff on 11 July 2018, in support of the Welsh Government's new Dementia Action Plan for Wales.

The Reading Well for Dementia books will be free to borrow from all Welsh libraries from this summer. They include information and advice for people living with dementia and their carers, or anyone worried about their memory. There is also fiction, memoir and photographic books used in reminiscence therapy.

The scheme has been endorsed by people with experience of dementia and their carers, health professionals, leading dementia charities and government ministers, as a helpful community-based health service.

**For further information or to request copies of the leaflets and resources for patients please contact The Reading Agency ([readingwell@readingagency.org.uk](mailto:readingwell@readingagency.org.uk))**

Dr Liz Davies

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Senior Medical Officer/Head of Mental Health and Vulnerable Groups**