

**JOINT MINISTERIAL TASK AND FINISH GROUP ON A WHOLE SCHOOL
APPROACH TO EMOTIONAL WELLBEING AND MENTAL HEALTH**

**SECOND MEETING 4 MARCH 2019,
CAERDYDD 2, CATHAYS PARK**

Item 1: Attendees and Welcomes

Present	
Minister for Health and Social Services	Vaughan Gething (MfHSS)
Minister for Education	Kirsty Williams (MfE)
Chair Children, Young People and Education Committee	Lynne Neagle AM (LN)
NHS Lead Chief Executive for Mental Health	Carol Shillabeer (CS)
Public Health Wales Director of Health Improvement	Dr Julie Bishop (JB)
Association Directors of Education Wales	Aled Evans (AE)
Association Directors of Education Wales	Nicola Jones (NJ)
Secondary Head-teacher (Lewis Boys School)	Chris Parry (CP)
Primary Head-teacher (Vale of Glamorgan school)	Paula Vaughan (PV)
Mental Health, Corporate Services and Governance (deputy)	Matt Downton (MD)
WG Director of Education	Steve Davies (SD)
WG Director of Social Services and Integration	Albert Heaney (AH)
WG Director Communities & Tackling Poverty	Jo-Anne Daniels (JD)
WG SMO (mental health)	Dr Liz Davies (LD)
Estyn	Mark Champion (MC)
CMO Adviser on Child and Adolescent Psychiatry	Dr Dave Williams (DW)
DECIPHer (schools health research network)	Prof Simon Murphy (SM)
Children's Commissioner for Wales office	Sally Holland (SH)
WG SMO (child and maternal health)	Dr Heather Payne (HP)
LHB Vice Chairs	Charles Janczewski (CJ)
WLGA spokesperson for HSS	Huw David (HD)
Association of Directors of Social Services (deputy)	Dave Howes (DH)
Psychology representative, Aneurin Bevin	Dr Liz Gregory (LG)
WG Deputy Director, Support for Learners Division	Ruth Conway (RC)
WG Health and Wellbeing Area of Learning Experience	Lloyd Hopkin (LH)
Secretariat supporting meeting	Jason Pollard (JP) Clare van Bohemen Hunter (CvBH)
Apologies	
Chief Nursing Officer	Prof Jean White
Director of Mental Health, NHS Governance and Corporate Services	Jo Jordan (Matt Downton deputising)
Association of Directors of Social Services	Andrew Jarrett (Dave Howes deputising)

WG Knowledge and Analytical Services	Richard Thurston
Regional Education Consortia	Debbie Hartevelde

Agenda item 1 – welcome, introductions, minutes from last meeting

MfE opened the meeting, explained the focus today was on moving forward rather than revisiting last meeting. Confirms actions from last meeting carried out. Suggested that with the group's consent, an invite be extended to a youth work representative. Group agreed.

ACTION 1: Officials to invite a youth work representative to the Task and Finish Group

Minutes were reviewed. Correction on the spelling of Kate Eden's name.

Group Terms of Reference reviewed. CS noted mention of RPBs and commended that the ICF explicitly makes reference to children and young people.

Agenda item 2 – workplan and funding paper

MfHSS introduced the updated workplan, progress summary paper and funding paper, noting that the funding split is indicative and that he welcomes further discussion on the priorities of the spend.

JP provided update on the workplan. Governance arrangements took longer to finalise than had been hoped meaning the workplan began development in January. It now consists of 32 actions, one on ed psychs being added from the First Minister's manifesto, one coming out of the ADEW conference. Explained that the SRG has divided into sub-groups, each of which will drive forward progress on their assigned actions from the workplan.

Regarding the final form of the plan, JP noted that it is a living document and is undergoing revision to firm up some actions now the funding split is more certain. JP noted a revised version would be circulated in advance of the next T&F meeting.

MfHSS opened the discussion on the workplan. LN commented that the plan at present is over-complicated and needs a firmer focus on outcomes and more explicit links to T4CYP. Mapping services in schools should be a key priority. LN questioned ongoing action to embed and measure outcomes even when a workplan action is labelled as complete, such as for initial teacher training (ITT).

LN voiced concern that creating sub-groups for the SRG could lead to overcomplicating and duplication of work, stating that MOM has already set out the roadmap for what to do and emphasising that it is important not to get bogged down in process.

CS agreed with LN about the need to highlight interconnections with T4CYP, in particular for actions 26-30. A key piece of work for action 26 is the NHS Delivery Unit's review of local primary mental health care which is due in April/May.

SH said it was good to see the whole school and whole system approach in the workplan but said that some of the actions around mapping were unambitious. There is already really good work going on in many places, it is not enough just observe/map this, but focus needs to be on highlighting and sharing that good practice. General agreement from the room that mapping must show what is currently happening, not what has happened.

AE agreed the importance of mapping and the need to create a menu for schools, suggested that the CAMHS in-reach pilots may be able to provide evidence of good practice that could be rapidly rolled out. AE also observed that the group must be mindful of capacity issues, particularly in regards to actions involving educational psychologists.

MfE observed that CAMHS in-reach serves a different purpose to mapping, and question whether ADEW would be able to help with mapping work?

AE said that ADEW is happy to commit to doing the legwork in LAs to assist with mapping.

ACTION 2: AE/NJ to liaise with WG officials regarding mapping services and interventions in schools

LG pointed to Prof McLaughlin's research on the mindset of the school being key to any sustained change and the need for schools to shift perspectives to see themselves as a wellbeing hub, highlighting the work in Gwent already happening on this issue.

MfE said the challenge is wider than schools, must start in early years.

SM said that DECIPHer has school data that can assist in mapping that he's able to share.

ACTION 3: SM to share school mapping data with WG officials

PV and CP shared their perspective as head teachers. Schools need to provide challenge as well as support to develop pupils' resilience. PV agreed with MfE that work needs to start before school and must extend into families, highlighting the team around the family model as a positive approach. PV also added that professional learning was important and thought must be given to who will deliver the training and what kind of expectations should be placed on teachers. CP agreed and added that simplicity is essential so that schools know exactly what they need to do and what is most effective etc.

The group discussed the importance of mapping being informative and useful, rather than a list with no qualitative information, and how to include a level of evaluation as part of any mapping. One current issue is the amount of branded product being pushed on schools that have no way of knowing how effective the programmes are. Also discussed was the idea of mapping or evaluating the range of training offered to school staff on health and wellbeing to ensure that it delivers value for money.

The group agreed that quality training was crucial and more thought was needed on how to upskill all school staff, including teaching assistants and current teachers as well as new teachers. This was noted to be especially important at secondary level. NJ noted that systems leadership is key, and that there are already lots of people in/around schools with expertise, but we need to make sure they are talking to each other and wrapping round clusters of schools where possible.

HP suggested reviewing the Melbourne Charter which sets out preconditions for effective mental health promotion.

RC confirmed that CAMHS in-reach fulfils different purpose to mapping. First formal report is due December 2019 but officials will present a paper on initial findings at the next T&F in June. RC agreed that there was more to be done in terms of comms with schools.

ACTION 4: Officials to prepare a paper on initial CAMHS in-reach findings for next T&F meeting

ACTION 5: Officials to provide information back to the group on RPBs' use of ICF funding for CYP

ACTION 6: Secretariat to circulate revised workplan in May, taking into account the group's comments

Agenda item 3 – Health and wellbeing AoLE

LH gave a presentation on the health and wellbeing AoLE that goes to public consultation in April. The group liked the layout of the AoLE and thought it was clear and easy to understand. SH said that there was no link to any anti-bullying work, which would be beneficial. Group agreed that the challenge in implementation would lie especially with secondary schools.

JB observed that there are no subject specialists in this area here and that developing expertise would take time. JB added that the AoLE highlighted the interconnected nature of physical and mental health with regards to universal support and provision.

Group agreed that this AoLE was the key to successful implementation of the whole curriculum, as getting health and wellbeing right leads to the right conditions for other AoLEs to flourish.

JD observed the 'What matters' statement on social influences is timely and important, and that it links to an action in the workplan regarding social media that is currently flagged as red – it is important to up our game with regards to social media and mental health.

MfE said that the online safety action plan and resources for schools and parents have recently been published in this area.

Agenda item 4 – report from ADEW conference

NJ summarised her paper on the ADEW conference, emphasising that the day was well-attended by a range of both health and education professionals and that ADEW intends to move forward with a pilot of the partnership board/cluster model idea that came out of the workshops.

CS observed that it seems like we have reached a tipping point in terms of enthusiasm across different sectors for the issues of mental health and wellbeing.

SH highlighted the involvement of children at the ADEW conference and in the partnership board model that ADEW intends to pilot. SH commended T4CYP and WG for the first meeting of the youth board and asked what governance arrangements were in place to allow it to feed into the T&F/SRG.

CvBH summarised the role of the youth board to act as a stakeholder group both for the T&F and for T4CYP. The first meeting was focused mainly on establishing the groundwork and background to its formation. WG officials will bring suggestions for a workplan to the next youth board meeting in April. With regards to governance, young people may find it intimidating/boring to attend a meeting of the T&F, but they are considering inviting key people such as the Ministers, LN, CCfW to meet the youth group and discuss T&F priorities from the young person's perspective. T4CYP have been

leading on engaging with the Youth Parliament and there is every intention of working with them in the future as well.

Agenda item 5 – AOB

MfE stated that the CYPE Committee had requested a written update on progress by the end of March, and that both Ministers would appear before the Committee before summer. No further business was brought to the meeting.

Next meeting was confirmed as 3 June and agenda item suggestions are welcome. Other agenda items for next time: an early look at the Estyn report on measuring wellbeing, feedback from ADEW on the Heads of Service consideration of the Wellbeing Conference report and recommendations.

ACTION 7: MC to present at next T&F on Estyn report on wellbeing

ACTION 8: AE to feed back on Heads of Service meeting later in March

Meeting closed 11:30 am.