# What happens when you get a test for Coronavirus (COVID-19)



This is an **Easy Read** document from the Welsh Government

**COVID-19 is a new illness. Lots of people call it Coronavirus. It can affect your lungs and your breathing.**

# 1. Symptoms of coronavirus



- a high temperature

- a new cough where you keep on coughing. This means coughing a lot for more than an hour, or 3 or more episodes of coughing in a day

- loss or change to your sense of smell or taste.

# 2. What to do if you have symptoms



If you or someone in your house have any of these symptoms you need to stay at home and follow Stay at Home guidance.

# 3. Take a test



You need to take a test in the first 5 days you show symptoms. This is when the test works best.
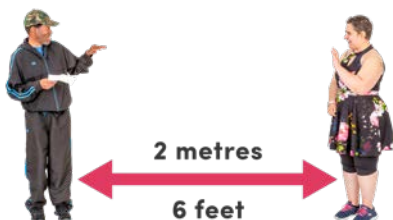
# 4. The test result



You will be told your result by phone, text or email.

- If your test is **negative,** you and the people you live with no longer need to stay at home.
- If your test is **positive,** someone from the NHS will contact you. They will ONLY contact you if your test is positive.

# 5. What will the NHS ask?



You will be asked to give them information. They will ask you:

- Who you have been in contact with and where you have been since you started having symptoms and 2 days before you started having symptoms.



This means:
- Anyone you have been closer than 1 metre (one step) to for a minute or longer or
- Anyone you have been closer than 2 metres (3 steps) to for 15 minutes or longer.



- Anyone you have travelled in a vehicle with e.g. a car.
- Anyone you know who you've sat near on public transport e.g. a bus or train.

Please be careful! There may be people who call you pretending they are from the NHS. People from the NHS will **never** ask you for:

- Your bank details or other information about your money.
- Any passwords you have.

If you are not sure, do not give out the information and hang up.

You will **ONLY** be contacted by the NHS
By text sent from +447775106684
Email from tracing@wales.nhs.uk /
             olrhain@wales.nhs.uk
Telephone - from 02921 961133.

**No other telephone numbers or emails will be used.**

# 6. Contacting people



Someone from the NHS team will then get in touch with the people you have been in contact with.

They will let them know that someone they have been in contact with has tested positive for coronavirus.

They will not give them your name unless you have given permission.

The person you were in contact with will only need to take a test if they have symptoms.

**The pictures in this summary are from Photosymbols:**
www.photosymbols.com/