

**MAE RHYS YN AROS GYDA
FFRIND ETO YR WYTHNOS HON.**



Llywodraeth Cymru
Welsh Government

**RHYS IS STAYING WITH A
FRIEND AGAIN THIS WEEK.**

Llamau

Shelter
Cymru

NID YW POBL DDIGARTREF WASTAD YN BYW AR Y STRYD.

Os ydych chi, neu rywun yr
ydych chi'n ei adnabod, mewn
perygl o wynebu digartrefedd
neu'n ei wynebu'n barod,
cysylltwch â Shelter Cymru:

[sheltercymru.org.uk/
cy/digartrefeddcudd](https://sheltercymru.org.uk/cy/digartrefeddcudd)

08000 495 495

Nid yw hi byth yn rhy hwyr
nac yn rhy gynnar i gael help.

#DigartrefeddCudd

HOMELESSNESS DOESN'T ALWAYS LIVE ON THE STREETS.

If you, or someone you know,
is experiencing or is at risk
of homelessness, visit our
website today for free help
and advice:

[sheltercymru.org.uk/
hiddenhomelessness](https://sheltercymru.org.uk/hiddenhomelessness)

08000 495 495

It's never too late
or too early to get help.

#HiddenHomelessness