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WELSH HEALTH CIRCULAR



Llywodraeth Cymru
Welsh Government

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Title: The Healthy Child Wales Programme – The 6 week post-natal GP physical examination of child contact

Date of Expiry / Review: N/A

For Action by:

NHS Wales, General Practitioners

Action required by:

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Welsh Government

HSSG Welsh Government Contact(s):

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Enclosure(s): Data collection form

The Healthy Child Wales Programme – *The 6 week post-natal GP physical examination of child contact*

This guidance has been prepared in response to issues identified in the latest published coverage data for the Healthy Child Wales Programme.

The Healthy Child Wales Programme (HCWP) sets out what planned contacts children and their families can expect from their health boards; from maternity service handover to the first years of schooling. These universal contacts cover three areas of intervention; screening, immunisation and monitoring and supporting child development.

The 6 week examination is delivered by health boards and undertaken by General Practitioners as an established component of the HCWP.

There are four components to the 6 week physical examination (eyes, heart, hips and testes in boys), which are valid screening tests and are recommended by the UK National Screening Committee (UK NSC). Successful early identification and treatment in these four areas is highly prudent healthcare, as well as improving outcomes for children. Problems avoided through screening include congenital cataracts (preventing a lifetime of blindness), congenital heart disease (preventing sudden death and emergency admissions) congenital hip dysplasia (preventing limited mobility and multiple hip replacements over a lifetime) and undescended testes (preventing cancer and infertility in men). The UK NSC recommends that all babies should be examined within 72 hours of birth, and again at 6 weeks.

The examination of the eyes in particular is time critical and as a consequence a prompt examination at 6 weeks needs to be undertaken. Infants identified with a positive screen require assessment by a consultant ophthalmologist or paediatric ophthalmology service within 2 weeks of examination (i.e. by 8 weeks after birth). Visually significant cataracts are normally operated on by 6 weeks of birth if unilateral and 8 weeks if bilateral, and delays to surgery can affect visual development.

The HCWP is supported by the Child Health System, delivered by the NHS Wales Informatics Service. The system schedules the HCWP contacts and records data that is used to support improvements to child health across Wales.

Attached is the data collection form that includes guidance on what needs to be completed at the 6 week contact and all GPs must complete and submit this data collection form. To date, it is evident that not all GPs have been doing so. The data collected on this form will be recorded on the Child Health System, then Welsh Government receives an aggregated extract from it to monitor the programme. Welsh Government does not have routine access to data stored on GP systems, therefore it is imperative that the data collection form is completed and submitted to your Child Health teams.

The Health Visitor undertakes a separate contact at 8 weeks. A 6 week data collection form must be submitted in addition to the 8 week Health Visitor form.

The 6 week post-natal GP physical examination

1. CHILD DETAILS			
NHS Number	<i>Enter here</i>	Address <i>Enter here</i>	
Client ID	NA		
Surname	<i>Enter here</i>		
First name	<i>Enter here</i>		
DOB	DD / MM / YYYY	Sex	<i>Enter here</i>
GP name	<i>Enter here</i>		
HV name	<i>Enter here</i>	Postcode	<i>Enter here</i> Tel no. <i>Enter here</i>
2. CONTACT DETAILS		3a. GENERAL OUTCOMES (continued)	
Contact	Reschedule	Recall In (weeks)	Declin
Contact at 10 - 14 days	HC02		
Physical examination at 6 - 8 weeks	HC03	<input checked="" type="checkbox"/>	<i>Enter here</i>
Weight and measurement at 8 weeks	HC04	<input checked="" type="checkbox"/>	<i>Enter here</i>
Weight and measurement at 12 weeks	HC05	<input checked="" type="checkbox"/>	<i>Enter here</i>
Weight and measurement at 16 weeks	HC06	<input checked="" type="checkbox"/>	<i>Enter here</i>
Contact at 6 months	HC07	<input checked="" type="checkbox"/>	<i>Enter here</i>
Health visitor contact at 15 months	HC08	<input checked="" type="checkbox"/>	<i>Enter here</i>
Health visitor contact at 27 months	HC09	<input checked="" type="checkbox"/>	<i>Enter here</i>
Contact at 3.5 years pre-school	HC10	<input checked="" type="checkbox"/>	<i>Enter here</i>
Schedule of Growing Skills (SoGS)	HC11		
Date of contact	DD / MM / YYYY		
Reason not examined			
Was not brought	1		
Unwell or uncooperative child	2		
Examination refused	3		
Parent / Carer not present	4		
Not required	5		
Consent*		Yes	No
Location			
GP Surgery	1		
Clinic	2		
At home	4		
Telephone contact	6		
Virtual contact	7		
Examiner			
GP	2		
Health Visitor	3		
Registered Nurse	10		
Non-Registered Nurse	12		
Receiving Flying Start services**	Yes	No	Not known
Looked after child**	Yes	No	Not known
On the Child Protection Register**	Yes	No	Not known
3a. GENERAL OUTCOMES			
Core component offered			
Universal	1		
Enhanced	2		
Enhanced plus	3		
Intensive	4		
Intensive plus	5		
3b. PHYSICAL OUTCOMES			
Weight and measurement			
Height/Length (1 decimal place)	MM . N	CM	<input checked="" type="checkbox"/>
Weight (3 decimal places)	N . NNN	KG	<input checked="" type="checkbox"/>
Head circumference (1 decimal place)	MM . N	CM	<input checked="" type="checkbox"/>
Evidence of FGM			
FGM observed	1		
FGM disclosed	2		
FGM not present	3		
Not examined	4		
Domestic violence assessment			
Domestic violence assessment completed	1		
Domestic violence assessment not completed	2		
Family resilience Assessment Tool			
Responsive parenting	<i>Enter score</i>		
Family health	<i>Enter score</i>		
Engagement	<i>Enter score</i>		
Family support	<i>Enter score</i>		
Socio/Economic factors	<i>Enter score</i>		
FRAIT completed	Yes	No	
Onward referrals made			
Yes	No		
3b. PHYSICAL OUTCOMES			
Heart			
Satisfactory	1		
Concern	2		
Not assessed	3		
Hips			
Satisfactory	1		
Concern	2		
Not assessed	3		
Eyes			
Satisfactory	1		
Concern	2		
Not assessed	3		
Testes (boys)			
Satisfactory	1		
Concern	2		
Not assessed	3		
General			
Satisfactory	1		
Concern	2		
Not assessed	3		
3c. DEVELOPMENT OUTCOMES			
Development			
Development as expected	1		
Concern: requires additional support	2		
Development – further assessment required	Yes	No	
3d. SCHEDULE OF GROWING SKILLS (SoGS) OUTCOMES			
Locomotor skills (please enter numerical score in the range 0-20 or circle Not assessed)			
	<i>Enter score 0-20</i>	Not	
Manipulative skills (please enter numerical score in the range 0-28 or circle Not assessed)			
	<i>Enter score 0-28</i>	Not	
Visual skills (please enter numerical score in the range 0-20 or circle Not assessed)			
	<i>Enter score 0-20</i>	Not	
Hearing and language skills (please enter numerical score in the range 0-21 or circle Not assessed)			
	<i>Enter score 0-21</i>	Not	
Speech and language skills (please enter numerical score in the range 0-22 or circle Not assessed)			
	<i>Enter score 0-22</i>	Not	
Interactive social skills (please enter numerical score in the range 0-24 or circle Not assessed)			
	<i>Enter score 0-24</i>	Not	
Self-care social skills (please enter numerical score in the range 0-23 or circle Not assessed)			
	<i>Enter score 0-23</i>	Not	
Cognitive skills (please enter numerical score in the range 0-34 or circle Not assessed)			
	<i>Enter score 0-34</i>	Not	
4. INFANT FEEDING			
Collection time		Feeding status	
Birth (report from parents)	1	Exclusive milk	1
10 days	3	Combined milk feeding – predominantly breast	2
6 weeks	4	Combined milk feeding – partially breast	3
6 months	5	Artificial milk feeding	4
Age solid foods introduced	<i>Enter here</i>	Age exclusive breastfeeding ceased	<i>Enter here</i>

Pre-printed demographics

Pre-printed demographics

The contact should be automatically highlighted

Get measurements from Red Book – weight page

Circle one option only

Complete if not examined – reason circled

Not Applicable to this contact

Circle one option only

Circle one option only

Circle one option only

Circle one option only

Circle one option only

Circle one option only

Not Applicable to this contact

Circle one option only

Circle one option only

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