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Llywodraeth Cymru  
Welsh Government



# Nyalo AKUKHO EMTSETFWENI kwenta, kuniketa noma kusita ekuhloleni kutsi lotsite uyitfombi yini noma kwenta i-hymenoplasty kunoma nguyiphi incenye yase-UK, njengencenye yeMtsetfo Wetemphilo Nekunakekela wa-2022.

Idokhumenti lephelele yekucondzisa, leniketwe nguHulumende wase-UK, ingatfolakala **Ekuhlolweni Kutsi Uyintfombi Yini naku- hymenoplasty: sicondziso sebameleli labanyenti-GOV.UK ([www.gov.uk](http://www.gov.uk))**

## Kuyini Kuhlolwa Kutsi Uyitfombi Yini ne-Hymenoplasty?

**Kuhlolwa kutsi uyitfombi yini**, lokuphindze kubitwe ngekutsi yi-hymen, 'imino lengu-2' noma kuhlolwa kwesitfo sangansese, kucilongwa kwesitfo sangansese sewesifazane, ngenjongo yekubona kutsi uke walalwa yini.

NgekweMtsetfo Wetemphilo Nekunakekela wa-2022, kuhlolwa kutsi uyintfombi yini ngunoma ngukuphi kuhlolwa (lokuhambisana nekubamba noma kungabambi) kwesitfo sangansese sawesifazane ngenjongo yekubona kutsi uke walalwa yini.

I-World Health Organization kanye ne-Royal College of Obstetricians and Gynaecologists (RCOG) batsi kuhlolwa kutsi uyintfombi yini akukho ngekwesayensi noma ngetekwelashwa njengoba kute luhlolo lolungacinisekisa kutsi umuntu wesifazane uke walala nalotsite.

**I-Hymenoplasty** Kunetindlela letehlukene tekwenza loku, kodvwa ngalokuvamile kufaka ekhatsi kutisha i-hymenal uyihlanganise lapho sivuleke khona sitfo sangansese sabesifazane, noma kuhlindzwa kabusha kwe-hymen kusetjentiswa loko lokusesitfweni sangansese sawesifazane. Umgomo walenchubo kucinisekisa kutsi wesifazane uyopha esikhatsini lesitako nakalala nalotsite kuze kwentiwe shengatsi akakaze sekalale nemuntu ekuphileni kwakhe.

I-Hymenoplasty ayifani naletinye tinchubo letingentiwa ku-hymen ngesizatfu sekwelashwa (sibonelo, kuhlindvwa kuze khishwe imino lesele ye-hymen lebangela kungaphatseki kahle, noma kwelapha i-hymen lengcolile kuze ingati yekuya esikhatsini iphume).

## Ngubani lotsintfwa Kuhlolwa Kutsi Uyintfombi Yini ne-Hymenoplasty?

Kunebufakazi lobukhombisa kutsi bantfu besifazane labaneminyaka lesukela ku-13 kuya ku-30 ngibo labasengotini yekuhlolwa kutsi batintfombi yini/noma i-hymenoplasty, kodvwa emantfombatane lamancane lana-8 weminyaka angatsintseka. Noma ngumuphi wesifazane noma intfombatane, lananoma ngumiphi iminyaka, luhlanga, buve, bulili lebukhetsako, inkholo, kukhubateka noma simo senhlalo ingase ihlolwe kutsi iyintfombi yini noma kwentiwe i-hymenoplasty. Besifazane nemantfombatane bangase batsatse iminyaka kucoca ngaloku ngenca yelihlazo lelihlobene nalomkhuba, lizinga lekucindzeteleka longaba nalo kanye nekwesaba luhlobo 'lolushayela phansi' lwekuhlukumeta.

Njengaletinye tindlela letibitwa ngekutsi luhlobo 'lolushayela phansi' lwekuhlukumeta, letento tivame kwenteka kungaboni muntfu, emiphakatsini nasetindzaweni lapho bantfu babambelele kakhulu khona emasikweni. Ngenca yaleso sizatfu, linani labesifazane nemantfombatane lababa tisulu talomkhuba alatiwa. Nanobe kungacaci kutsi kusabalele kungakanani, kunebufakazi bekutsi besifazane nemantfombatane bangephansi kwekucindzeteleka lokukhulu kwekuhlolwa kutsi batintfombi yini nekwentiwa i-hymenoplasty.

## Loku kungaba namuphi umtselela kulabo labatisulu?

Besifazane nemantfombatane bayaphocelwa, bacindzelwe kutsi bente lenchubo lebahlazisako kuze bafeze imfuneko yekutsi besifazane bahlala 'bamsulwa' ngaphambi kwekushada.

Kuhlolwa kutsi uyintfombi yini kanye ne-hymenoplasty kutsatfwa ngelizinga lelifanako nekushaywa lokubangela kulimala emtimbeni Loku kukucaphela kulimala ngekwemtimba nangekwengcondvo lokungase kwenteke kuloyo lobhekene nako. Lelizinga lekubaluleka kwaloku liphindze likhombise timo tengcondvo tekulawula letisekela lemikhuba.

Kokubili kuhlolwa kutsi uyintfombi yini kanye ne-hymenoplasty kungaba sandvulela kumntfwana noma kumshado lophocelwe kanye naletinye tihlobo tekutiphatsa letiphocelako temndeni kanye/noma temphakatsi, lokuhlanganisa kulawula ngekwemtimba nangekwemvelo. Bantfu besifazane 'labangaphumeleli' nabahlolwa kutsi batintfombi yini, kutfolakele kutsi bavusetewe i-hymen, noma abophi ngebusuku belilanga labashada ngalo basematfubeni lamakhulu ekubhekana neluhlobo 'lolushayela phansi' lwekuhlukumeta lolukufaka ekhatsi kuhlukumeteka ngekwemiva nangekwemtimba, kulahlwa ngumndeni noma ngumphakatsi ngisho nekuhlonipha kubulala.

Lemikhuba yehlisa sitfunti semuntfu futsi ibangele kutsi angemukeleki ebantfwini. Ingaholela ekuhlukumetekeneni lokukhulu engcondvweni, futsi ingabanga timo letihlanganisa kukhatsateka, kudzangala kanye nesifo sekucindzeteleka sangemuva kwekuhlukumeteka. Lemikhuba ihlotjaniswa nekutibulala. Ingaba yingoti emtimbeni. Sibonelo, kuhlolwa kutsi uyintfombi yini kungaholela ekulimaleni kwe-hymen, kudzabuka nekulimala edvongeni lwesitfo sangansese sewesifazane, kopha, kanye nekutseleleka ngetifo. Ingoti yekutseleleka nayo yinkhulu ku-hymenoplasty, lenengoti leyengetiwe yekopha lokukhulu nakusentiwa lenchubo, tibati kanye nekuncipha kwekuvuleka kwesitfo sangansese sawesifazane kanye nebumatima bekuya ecansini.

## Yini longayenta nangabe ukhatsatekile ngekutsi lotsite lomatiko asengotini Yekuhlolwa Kutsi Uyintfombi Yini noma yekwentiwa i-Hymenoplast noma angase abe sengotini yaloko?

Idokhumenti lephelele yekucondzisa, leniketwe nguHulumende wase-UK ngesikhatsi umtsetfo ucala kusebenta, ingatfolakala **Ekuhlolweni Kutsi Uyintfombi Yini naku- hymenoplasty: sicondziso sebameleli labanyenti-GOV.UK (www.gov.uk)**



## Kusekelwa ngalokucondzile kwase-Wales:

Nangabe lotsite alengele engotini lengenteka ngekushesha **chumana nemaphoyisa** ngekushayela 999 futsi ucele emaphoyisa.

landzela tinchubo takho tekutivikela letishiwo ngumcasho wakho/noma loyo lokuniketa lokutsite.

## Tinsita tekusekela tisulu letikhona e-Wales tifaka ekhatsi:

**Inombolo yelusito ye-Live Fear imahhala**, futsi yinsita letfolakala ngaso sonkhe sikhatsi kulabo labatisulu nakulabo labasindzile ekuhlukunyetweni kwasekhaya nebudlova belicansi kanye nalabo labasondzelene nabo, lokuhlanganisa umndeni, bangani losebenta nabo kanye nalabanye labatsintsekako.

**Shayela ku:** 0808 80 10 800

**Tfumela umlayeto ku:** 0786 007 7333

**Tfumela i-email ku:**

[info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales)

**Tincociswano letibukhoma:**  
[gov.wales/livefearfree](http://gov.wales/livefearfree)

**I-Bawso** yinhlango leholako e-Wales leniketa kusekelwa lokungokocobo nalokungekwemvelo kubantfu labamnyama labambalwa labatisulu tekukhukunyetwa kwasekhaya, budlova belicansi, kushushumbiswa kwebantfwana, i-FGM kanye nemishado lephocelwe.

**Shayela inombolo yelusito ku:** 0800 731817

**Tfumela i-email ku:** [helpline@bawso.org.uk](mailto:helpline@bawso.org.uk)

**I-MEIC** iyinsita yamahhala, leyimfihlo, lengatiwa futsi lenetili letimbili lesita bantfwana nalabasebasha kuze kufike eminyakeni lengu-25 e-Wales leniketa imininingwane, neteluleko letilusito nekusekelwa.

I-MEIC ivulwa nga-8am kuze kube nguphakatsi kwalamabili, emalanga langu-7 evikini, ngelucingo, nge-SMS nangemilayeto lesheshako.

**Inombolo yamahhala:** 0808 80 23456

**Tfumela umlayeto ku:** 84001

**Kucocisana bukhoma:** [www.meiccymru.org](http://www.meiccymru.org)

## Tinsita tekusekela labo lababhekene nebudlova belicansi

E-North Wales (Anglesey, Conwy, Gwynedd, Flintshire, Denbighshire kanye nase-Wrexham), kukhona tinsita letingu-2 letiyinhloko letikusekelako nawubhekene nebudlova belicansi:

- I-Rape and Sexual Abuse Support Centre (RASASC) iniketa imininingwane, kusekelwa lokukhetsekile kanye nekwelashwa kunoma ngubani loke wabhekana nanoma nguluphi luhlobo lwekuhlukunyetwa ngekwelicansi nebudlova. Bangatsintfwa ku-01248 670 628 noma ku-[info@rasacymru.org.uk](mailto:info@rasacymru.org.uk)
- Tinto tekutfutuka tiniketa tinsita tekwelapha kubantfu labadzala labaye bahlukunyetwa ngekwelicansi basebantfwana. Bangatsintfwa ku-01978 352 717 noma ku-[info@steppingstonesnorthwales.co.uk](mailto:info@steppingstonesnorthwales.co.uk)

E-Mid, eNshonalanga, eMphumalanga naseNingizimu ye-Wales, loniketa lusito kakhulu etinsiteni tekusekela lababhekene nebudlova belicansi yi-New Pathways. Bangatsintfwa ku-01685 379 310 noma ku-[enquiries@newpathways.org.uk](mailto:enquiries@newpathways.org.uk)

**I-Karma Nirvana** yi-Honour Based Abuse Helpline yavelonkhe, icecesha bochwephesha, ihlanganisa imininingwane netinsita, nemikhankaso yelushintjo.

**Inombolo yelusito:** 0800 599 9247

## I-Forced Marriage Unit

**I-Forced Marriage Unit (FMU)** ihlangane ne-Foreign, Commonwealth and Development Office (FCDO) kanye ne-Home Office yunithi leholako emtsetfweni wahulumende wemshado lophocelwako, kufinyelela nekwenta umsebenti. Isebenta kokubili ngekhatsi e-UK (lapho kusekelwa kuniketwa kunoma ngubani) nangesheya kwetilwandle (lapho lusito lwelincusa liniketwa takhamuti taseBrithani, lokufaka ekhatsi naletu letinebuve lobubili).

**Shayela ku:** 020 7008 0151

**Tfumela i-email ku:** [fmu@fcdo.gov.uk](mailto:fmu@fcdo.gov.uk)

