



Take Part | Stay Safe

In Wales, there are lots of activities for people to enjoy.



Activities to:



Get fit — sports clubs, swimming clubs, climbing groups, football clubs.



Connect — art groups, choirs, reading groups, craft groups, faith groups.



Learn — music lessons, Welsh groups, pottery courses, dance and drama classes.



Get support — carers groups, elderly groups, mum and toddler groups, youth clubs.



Ask some questions before you or someone you know starts an activity!



Can I see your Safeguarding Policy?



Are all the staff Police checked?



Who can I talk to if I'm worried about something or someone?



Are staff trained in the right ways?



What happens if there's an accident?

The Welsh Government wants all activities to be safe, no matter who runs them. We want everyone to understand what **safeguarding** means and the difference it makes.

Safeguarding means:

- keeping people safe from abuse, neglect or harm
- knowing what to do if you think someone is at risk.

Knowing what to do, when to do it and how to do it, makes a real difference to people's lives.



Safeguarding is everyone's business.

Scan to read our **Safeguarding Code of Practice for Activities**

