

Science Evidence Advice

Weekly Surveillance Report

9 April 2024



Science Evidence Advice (SEA)

gov.wales

Providing evidence and advice for Health and Social Services Group on behalf of the Chief Scientific Advisor for Health

Science Evidence Advice: Weekly Surveillance Report

Top Line Summary

= Decreasing = Increasing = Stable

•	· ·
Overall, COVID-19 infections have remained stable in the most recent week.	
COVID-19 Hospital admissions remained stable in the most recent week.	
During week 13 there were 110 confirmed cases of influenza in Wales which is a decrease from 195 confirmed cases in the previous week.	
RSV activity in children under 5 years has remained stable at low intensity levels.	
Whooping Cough Notifications and Confirmations have decreased in the most recent week.	1
Scarlet Fever notifications have decreased in the most recent week.	

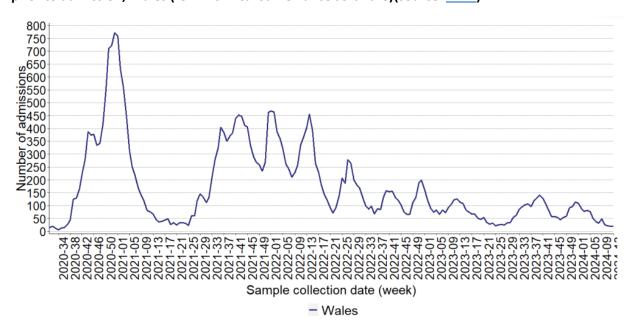
1. COVID-19 Situation Update

Overall, COVID-19 infections have remained stable in the most recent week. While not consistent across all indicators, many of the indicators remain relatively stable.

- At a national level, the weekly number of confirmed case admissions to hospital and the number of cases who are inpatients has remained stable in week 13, following a gradual declining trend in recent weeks.
- As at 31 March 2024, 100 people currently in hospital have had a positive COVID-19 test, including 3 currently in ICU.
- The all-Wales incidence as estimated using PCR episodes remains at low levels.
- The number of deaths from any cause has slightly increased in the latest reported data vailable from ONS and remains above the 5 year average.
- In the last four reporting weeks, V-23DEC-01 (Omicron, JN.1) is the most dominant variant in Wales, accounting for **94.2**% of all sequenced cases.
- There were **4** new respiratory incidents recorded in the health protection case and incident management system (Tarian) in week 13 2024, this has remained stable since the previous week. Of the respiratory incidents, all 4 were found in residential homes.

- The proportion of calls to NHS 111 and NHS Direct related to possible COVID-19 symptoms
 has increased in week 13 compared to previous weeks. GP consultations for any Acute
 Respiratory Infection (ARI) have remained stable in the most recent week and
 consultations for suspected COVID have remained stable at very low levels.
- The overall number of ambulance calls related to COVID-19 has increased and the proportion of incidents has increased slightly in week 13.

Figure 1: Weekly number of admissions to all hospitals in Wales testing positive on or within 28d prior to admission, Wales (ICNET clinical surveillance software)(source: PHW)



Wastewater Signal

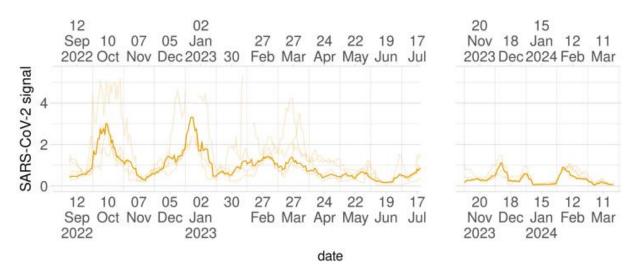
The latest Wastewater monitoring report from Welsh Government (WG) (in collaboration with Bangor and Cardiff Universities) with data up to 20 March suggests that the wastewater signal for COVID-19 remains at low levels and continues to decline in the most recent week (Figure 2). Note that Wastewater monitoring has now been paused, therefore this data will not be included in future reports.

Note. Level of SARS-CoV-2 given as a 10 day rolling mean at the national (bold line) and healthboard (faint lines) level. An upper limit has been placed on the y axis, which obscures a high healthboard value but, allows better visualisation of the national trend.

Figure 2: Wastewater signal

SARS-CoV-2

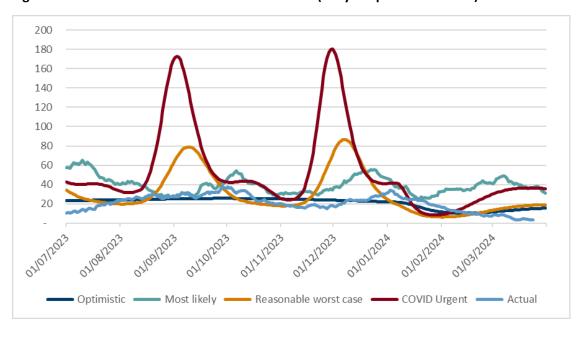
National Summary



SEA Winter Scenarios

The Science Evidence Advice (SEA) division (WG) <u>Winter COVID-19 scenarios</u> have been plotted against the actual COVID-19 hospital admissions data from PHW. Currently the actual data is tracking well below the 'most likely' scenario (which is the COVID-19 series from last Winter) and is now well below the 'reasonable worst case' and 'optimistic' scenarios developed for the Winter season.

Figure 3: SEA COVID-19 scenarios vs. PHW actuals (daily hospital admissions)



Swansea University Mid Term Projections

The latest available Swansea University MTPs using data up to 27 March project a plateau in COVID-19 non-ICU hospital admissions through April and continuing on this trajectory through May. ICU admissions remain at low levels.

Figure 4: Daily COVID-19 hospital admissions, projected to June 2024

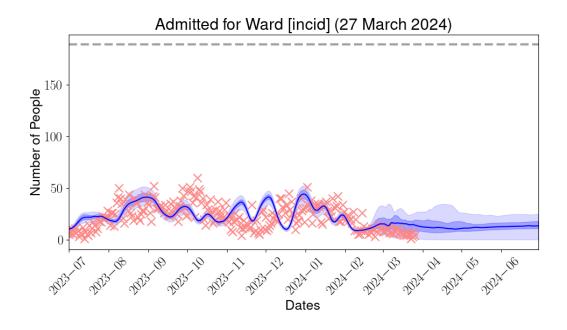
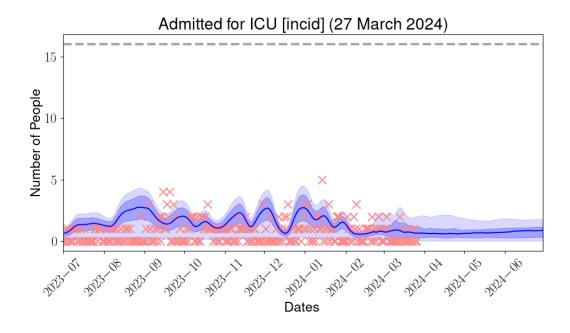


Figure 5: Daily COVID-19 ICU admissions, projected to June 2024

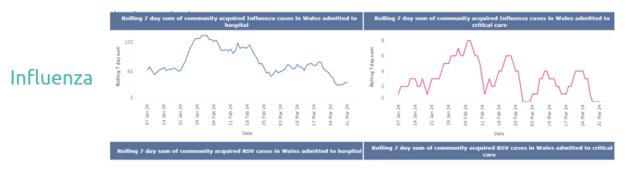


Notes: In the charts above, red crosses represent actual COVID-19 cases data. The blue line represents the central modelling estimate. The blue ribbon represents the confidence intervals, with the darker blue ribbon indicating the 25th to 75th percentiles, and the 95% confidence limits in the lighter ribbon.

2. Influenza Situation Update

Current levels of influenza are low and the overall current trend is decreasing. During week 13 (ending 31/03/2024) there were **110** confirmed cases of influenza in Wales (**7** influenza A(H1N1), **65** for influenza A (not subtyped), **11** for influenza A(H3) and **27** for influenza B).

Figure 6: 7 day rolling sum of influenza case admissions to hospital in Wales (source: PHW)



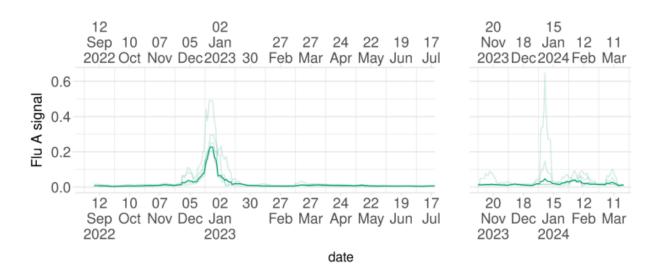
Wastewater Signal

The latest wastewater monitoring report using data up to the 26 March shows a stable picture at low levels for Influenza A signal in the most recent period.

Figure 7: Influenza A Wastewater signal

Influenza A (flu-A) virus

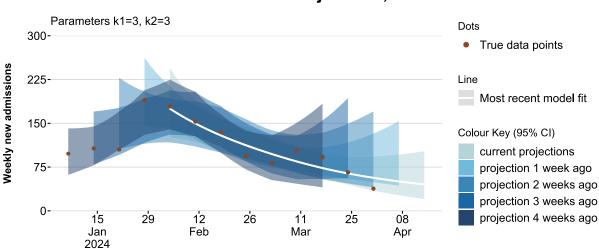
National Summary



SEA Short term projections (STPs)

SEA have developed STPs for influenza which uses admissions data from PHW until 31 March 2024 to make short term projections for influenza 2 weeks forward (14 April 2024). The brown dots show the actual data points while the white line is the best fit from the most recent projection. The colour shadings represent the 95% confidence interval of the projections with light blue showing the most recent projection and the dark blue showing the oldest. The STPs show a continued decrease in Influenza through to mid April.

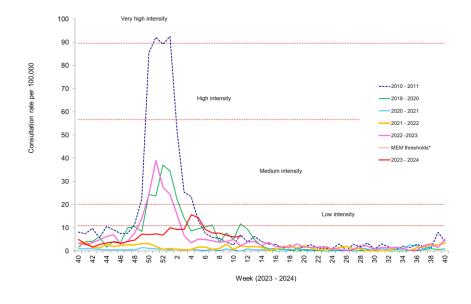
Figure 8: Influenza STPs (hospital admissions – PHW data)



Welsh Influenza Admissions Projections, Data until 31 March 2024

There is evidence of a continued decrease in syndromic surveillance of influenza like illness (ILI) in the most recent period and this is at the low intensity level. The figure below shows a decrease in week 12 (the bright red line is the 2023-2024 influenza season).

Figure 9: Clinical consultation rate for ILI per 100,000 practice population in Welsh sentinel practices (source: PHW)



3. Other Infectious Diseases

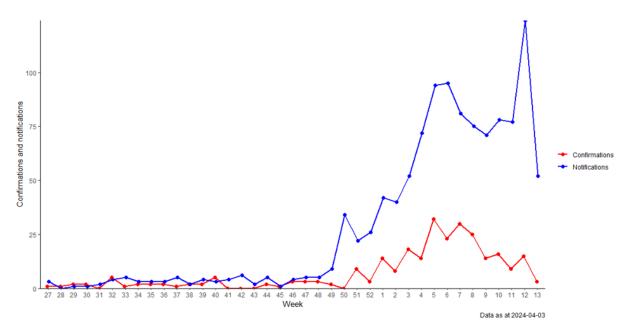
3.1 Whooping Cough (Pertussis)

Public health experts in Wales are encouraging all pregnant women and parents of babies and young children to ensure that they have had their Pertussis (Whooping Cough) vaccinations as cases in Wales show rapid increase in recent weeks.

Whooping cough has waves of increased infection every 3-4 years and in the last few weeks, notifications of whooping cough have risen sharply. Following reduced circulation in 2020-2022, current notifications are at levels not seen since 2012 and 2015. Laboratory confirmed cases have not yet risen in line with notifications but are likely to increase as test results are reported.

Figure 10 below shows a significant decrease in both notifications and confirmations of whooping cough up to the end of week 13.

Figure 10 Weekly notifications and confirmations of Pertussis/Whooping Cough in Wales in the 2023-24 season year. (Source: PHW)



3.2 iGAS and Scarlet Fever

The number of iGAS notifications are currently low, remaining at seasonally expected levels. Scarlet Fever notifications have declined in the most recent week as shown in the figures below (up to 31 March) with Figure 12 showing the fall in the most recent week for the current season (the bright red line on the chart). These notifications are now below 100 a week compared to the peak of over 800 notifications in January 2023.

Figure 11: Rolling 3 Week Average Scarlet Fever Notifications, 2014-2024, Wales (source: PHW)

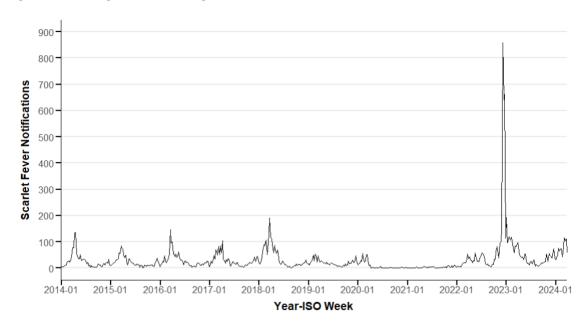
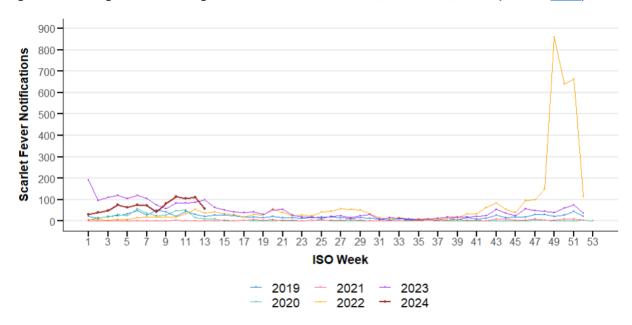


Figure 12: Rolling 3 Week Average Scarlet Fever Notifications, 2014-2024, Wales (Source: PHW)



3.3 Respiratory Syncytial Virus (RSV) update

RSV activity in children under 5 years remains stable in the most recent week and remains at low intensity levels and very close to baseline (compared to historic levels before 2021).

Season - 2019/20 - 2020/21 - 2021/22 - 2022/23 - 2023/24

Very.high.intensity - High intensity

Medium intensity

Low intensity

Low intensity

Week

Week

Figure 13: RSV Incidence Rate (source: PHW)

4. Health Board Analysis

4.1 Short Term Projections for Influenza and RSV

SEA have produced short term projections (STPs) for Influenza and RSV which can be produced at the Local Health Board unit.

The Influenza STPs uses admissions data from PHW until 31 March 2024 to make short term projections for Flu 2 weeks forward (14 April 2024). The brown dots show the actual data points while the white line is the best fit from the most recent projection. The colour shadings represent the 95% confidence interval of the projections with light blue showing the most recent projection and the dark blue showing the oldest. The STPs for Health Boards how that Influenza is on a downward trend in all Health Boards.

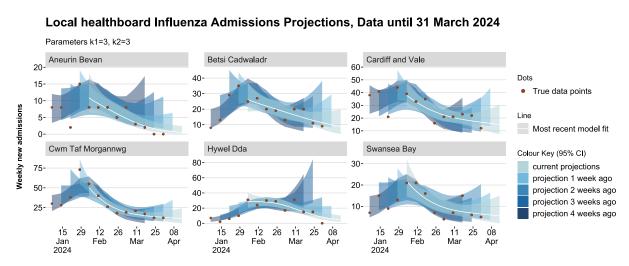


Figure 14: SEA short term projections for Influenza

The RSV STPs use admissions data from PHW until 31 March 2024 to make short term projections for RSV 2 weeks forward (14 April 2024). The brown dots show the actual data points while the white line is the best fit from the most recent projection. The colour shadings represent the 95% confidence interval of the projections with light green showing the most recent projection and the dark green showing the oldest. This shows a slight uptick in Aneurin Bevan and Cwm Taf Morgannwg Health Boards but a stable picture overall.

Figure 15: SEA short term projections for RSV

