



Llywodraeth Cymru  
Welsh Government

# What are Children's Rights?

## Have you heard of the United Nations Convention on Rights of the Child (UNCRC)?

It is a list of rights that all children aged 0-18 years have.

Rights make sure we're all treated fairly; can reach our full potential and can communicate our voice. Children have additional rights to adults, because they need extra protection and are highly dependent on the adults around them. To ensure children's rights, these adults should think about what's best for babies and young children in their day to day lives, to make sure they can enjoy their rights and be healthy, happy and safe.

Ultimately it is about what all children need to grow up **Happy, Healthy and Safe**.

The UNCRC isn't an additional ask or something to give you more to do. Nor does it mean children can do whatever they want whenever they want! It provides you with the understanding and support to ensure children have the best start in life.

## Supporting my Rights - Here I am! (0-12 months)

Take time to  
introduce new  
people

Talk to me, give  
me things to feel,  
touch, taste, look  
and listen to

Keep me  
close

Think about what  
things are like  
for me and let  
everyone know

Everything is  
new for me

Watch my  
expressions,  
movements and the  
sounds I make;  
this is my Voice

