



Llywodraeth Cymru  
Welsh Government

# What are Children's Rights?

## Have you heard of the United Nations Convention on Rights of the Child (UNCRC)?

It is a list of rights that all children aged 0-18 years have.

Rights make sure we're all treated fairly; can reach our full potential and can communicate our voice. Children have additional rights to adults, because they need extra protection and are highly dependent on the adults around them. To ensure children's rights, these adults should think about what's best for babies and young children in their day to day lives, to make sure they can enjoy their rights and be healthy, happy and safe.

Ultimately it is about what all children need to grow up **Happy, Healthy and Safe**.

The UNCRC isn't an additional ask or something to give you more to do. Nor does it mean children can do whatever they want whenever they want! It provides you with the understanding and support to ensure children have the best start in life.

## Supporting my Rights - I'm exploring! (1-2 years)

Stay close by, I feel safe when things are familiar

Get to know my family and who I am

Give me simple choices

Help everyone understand my special ways

Help me work out my own individual and unique personality

Provide opportunities for me to try new things



Give me time and space to communicate

Speak to the others that care for me and talk about me