



Llywodraeth Cymru  
Welsh Government

# What are Children's Rights?

## Have you heard of the United Nations Convention on Rights of the Child (UNCRC)?

It is a list of rights that all children aged 0-18 years have.

Rights make sure we're all treated fairly; can reach our full potential and can communicate our voice. Children have additional rights to adults, because they need extra protection and are highly dependent on the adults around them. To ensure children's rights, these adults should think about what's best for babies and young children in their day to day lives, to make sure they can enjoy their rights and be healthy, happy and safe.

Ultimately it is about what all children need to grow up **Happy, Healthy and Safe**.

The UNCRC isn't an additional ask or something to give you more to do. Nor does it mean children can do whatever they want whenever they want! It provides you with the understanding and support to ensure children have the best start in life.

## Supporting my Rights - Look at me now! (2-3 years)

I'm learning and exploring how my body, things and people work

Watch me, to work out what I am saying or feeling

I find it easier to talk and play with an adult I know and trust

Enter 'my world'

Give me time and space to play, it is my world



Take a real interest in what I have to say or share

I'm starting to think about my own likes and dislikes

My body is full of big feelings, I sometimes need your help

Change can be scary for me