



Llywodraeth Cymru
Welsh Government

What are Children's Rights?

Have you heard of the United Nations Convention on Rights of the Child (UNCRC)?

It is a list of rights that all children aged 0-18 years have.

Rights make sure we're all treated fairly; can reach our full potential and can communicate our voice. Children have additional rights to adults, because they need extra protection and are highly dependent on the adults around them. To ensure children's rights, these adults should think about what's best for babies and young children in their day to day lives, to make sure they can enjoy their rights and be healthy, happy and safe.

Ultimately it is about what all children need to grow up **Happy, Healthy and Safe**.

The UNCRC isn't an additional ask or something to give you more to do. Nor does it mean children can do whatever they want whenever they want! It provides you with the understanding and support to ensure children have the best start in life.

Supporting my Rights - Watch me go, here I come! (3-5 years)

Support me to express, make, and share my own ideas

Start to use some of the bigger words and talk about my rights with me

Ask me but also try to think about what it is like for me

Allow me to follow my own interests and take the lead



Look at all the ways I am communicating with you – not just my words – I have got lots to tell you

Hear what I say and act on it

Give me lots of opportunities to learn and try new things

I need you to help me when I find things difficult