



Taking your child home following discharge from the **Children's Emergency Assessment Unit**

Your child has been assessed by the general paediatric team and is ready to return home. Please continue to monitor your child at home. While most children improve gradually after discharge, some may not and could need further medical attention.

After discharge from the Children's Emergency Assessment Unit, you can call us on **01633 493949**. This service is available 24 hours a day, 7 days a week, and you will usually be given 48 hours of 'open access'.



If your child needs a second clinical assessment, we will discuss your concerns and help you decide on the next steps. Over the phone, we can typically only provide general advice. If you are worried about your child, we may advise you to bring them back for further assessment or, in urgent cases, to call 999.

After 48 hours from your child's discharge, you are likely to be redirected to NHS Wales 111, your GP, or the hospital's Emergency Department (previously known as A&E). If you contact these services, please explain that your child was recently discharged from hospital.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

abuhb.nhs.wales

To help monitor your child at home, we have provided specific advice. This may include QR codes, leaflets, or information in your discharge letter.



You can also **scan this QR code to download information sheets about various conditions.**

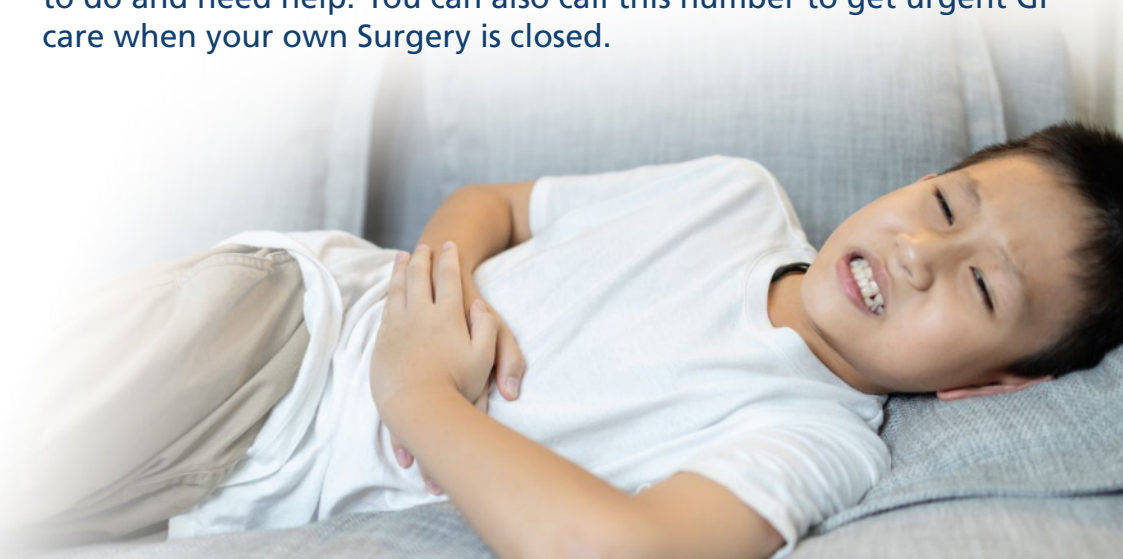
If your child has more than one condition, you should read advice about each condition.



NHS 111



You can call NHS 111 if your child is unwell or you are unsure what to do and need help. You can also call this number to get urgent GP care when your own Surgery is closed.



How will I know if my child needs urgent help?

Trust your instincts - you know your child best. If you are worried it may be sepsis, ask: *"Could it be sepsis?"*

If your child returns to hospital and is identified as needing urgent care, they will be prioritised.

I am worried about my child. Where should I go for advice or help?

You are encouraged to seek advice or help at any point in your child's care if you are concerned. The 'safety netting' information sheets, available by scanning the QR code opposite, include 'when to worry' boxes that are colour coded 'red' (emergency), 'amber', and 'green':

Red (emergency)

You must **call 999** and ask for an ambulance, or make your own way to the **Children's Emergency Assessment Unit** at the Grange University Hospital to be seen as a walk-in emergency. If your child needs urgent care, they will be seen immediately.

Amber

Within 48 hours, call us on the 'open access' phone number overleaf. After 48 hours, call 111 or your child's GP Practice.

Green

You can stay at home, but if things change, follow the guidelines.

Some basic information about **sepsis**

Sepsis is a serious illness caused by the body's overwhelming reaction to infection (e.g. respiratory infections such as pneumonia, bronchiolitis (also referred to as RSV) and influenza; abdominal infections such as urinary tract infections and following a burst appendix; bacterial infections such as streptococcus, staphylococcus, E. Coli and infected cuts, scratches and burns). Children who have a weakened immune system, such as those undergoing chemotherapy are more at risk.

At the time we are sending your child home, we do not think your child has sepsis, but illnesses can occasionally develop into something more serious.

Sepsis symptoms can vary and are often hard to recognise, especially in children. Children can 'compensate' in the earlier stages of illness before rapidly deteriorating. If not treated quickly, sepsis can cause harm or even death.

For detailed information, please scan this QR code for expert advice on 'Spotting the Unwell Child'.



What should I do if I suspect sepsis?

Seek medical help urgently.

Call 999 or visit the Emergency Department at the Grange University Hospital.

If you're worried about an infection but don't suspect sepsis call 111.

Just ask, "Could it be sepsis?"

This leaflet has been designed in partnership with Corinne Cope, in memory of her son Dylan.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

abuhb.nhs.wales