

Part 2: The amount specifically allocated to services supporting survivors of rape or sexual violence.

Welsh Government does not hold a complete, disaggregated record of all Violence against Women, Domestic Abuse and Sexual Violence (VAWDASV) Revenue funding spent specifically on trauma counselling services for the 2025–26 financial year.

While trauma-informed counselling is delivered across Wales through the VAWDASV framework, much of this provision is funded through regional block grants or multi-service revenue awards rather than as stand-alone trauma counselling grants. As a result, expenditure on trauma counselling cannot always be separately identified or quantified at a national level.

In particular, the following limitations apply:

- **Regional VAWDASV Revenue Grants** are allocated to regional partnerships as block funding. These grants support a range of services (including IDVA/ISVA provision, outreach, prevention, and counselling). Trauma counselling activity delivered through these grants is not routinely disaggregated from wider service expenditure.
- **Trauma counselling delivered as part of wider service models** (for example through specialist women’s services or sexual violence support organisations) is often embedded within holistic provision. Grant monitoring focuses on overall delivery and outcomes rather than separating counselling costs from other activities.
- **Counselling delivered via partnership or sub-contracting arrangements** (where one provider delivers counselling on behalf of another organisation) may not appear as a discrete counselling expenditure within Welsh Government financial records unless a specific, separate payment was made.

For these reasons, although Welsh Government can identify certain specific trauma counselling allocations and payments made during 2025–26, it is not possible to provide a comprehensive list or total figure covering **all** trauma counselling provision funded through VAWDASV Revenue for that year.

The areas of funding specifically hypothecated for Counselling in 2025-26 amounted to **£2,641,056** (this included one-off additional funding of £2.4m in October 2025 for Sexual Violence Counselling.)

In addition, the Welsh Government funds the Ask & Act Programme, which amounted to £64,350 in 2025-26, which provided trauma informed training for VAWDASV practitioners.

In addition, £65,000 was awarded to support an Independent Domestic Violence Adviser (IDVA) for Welsh women in custody, delivered by Welsh Women’s Aid via a grant to the Police and Crime Commissioner for South Wales. The service provides specialist, trauma-informed domestic abuse support to women at pre-release stage.

£30,000 awarded to Safer Wales to deliver an integrated, trauma-informed, gender-specific support offer for women experiencing multiple and overlapping needs, including domestic abuse, sexual exploitation and involvement with the criminal justice system.

In addition £197,000 bridge funding was provided to support counselling provision within Sexual Assault Referral Centres.

Part 3: The amount allocated to PTSD, psychological trauma, or traumatic stress services.

Welsh Government does not hold a complete, disaggregated record of all funding allocated specifically to these services

There is an overall mental health funding allocation that is separately identified and ringfenced within the main NHS allocation, and this funding can be used to provide PTSD and psychological services. However, we do not set budgets for the different areas of service provision. This is because health boards are responsible for assessing the needs of their local population and providing the appropriate services to meet those needs.

These needs could also be met outside of mental health services, for example through funding for support for patients with physical health conditions.

In 2025/26, £1.6m was provided to Traumatic Stress Wales, allocated to NHS Joint Commissioning Committee and health boards to improve the health and wellbeing of people affected by traumatic events.