Learning log

The learning log provides a way to record ongoing learning for any event or activity.

Date	What did the child or young person do?	Who was there?	What did you learn about what worked well?	What did you learn about what didn't work?
24.3.25	Mark was having his lunch.	Three of his friends and the teaching assistant.	Mark enjoyed sitting with his friends. He liked the options for food today (pasta and fruit slices were his favourite) and ate most of his meal. Going to sit at his table before the others in his friendship group.	He tried to put too much food in his mouth, so the teaching assistant tried to move his plate away so that he couldn't have any more food until he had finished what he had. He became upset by this. Once he had finished his lunch, he wanted to leave the table straight away and not wait for his friends.

What do we need to keep doing, and what do we need to change?

- Find out what other foods he likes and plan ahead by looking at the week's menu in advance so he can be reassured there will be something he can enjoy at every meal.
- Encourage him to wait before he puts more food in his mouth. We could do this verbally. If that doesn't work we could try a traffic light system.