11 November 2026

Dear

**ATISN 26-0210 – Eating Disorders**

Thank you for your request to Welsh Government for information under the Freedom of Information Act (2000) received on 6 November relating to eating disorder referrals, treatment and waiting times in males aged 12 to 25 in Wales.

You asked for the following information for each financial year from 2020/21 to 2025/26 (or the latest available):

1. *The number of people recorded as male, aged 12 to 25, referred to NHS-funded mental health services in Wales with a primary or secondary diagnosis of an eating disorder (ICD-10 F50 and sub-codes).*
2. *The number of people recorded as male, aged 12 to 25, who received treatment for an eating disorder in NHS-funded mental health services in Wales.*
3. *The number of referrals in the cohort described in (1) that did not progress to treatment.*
4. *The median wait, in weeks, from referral to first treatment contact for the cohort described in (2).*

   *For each of the above, please break the figures down by:*
   *a) age band (12 to 14, 15 to 17, 18 to 21, 22 to 25);*
   *b) Local Health Board area;*
   *c) financial year.*

*Where the same data is held for people recorded as female, include it in the same format for comparison.*

*State the data source used and the definitions of "referred", "treated" and "did not progress to treatment" applied. Provide the information in Excel or CSV format.*

*If any figures must be suppressed because of small numbers, supply the remainder and indicate which cells are suppressed.*

**Our Response**

The Welsh Government does not hold this information, you may wish to contact local health boards which may hold this information NHS Wales health boards and trusts | GOV.WALES

**Next Steps**

The request you sent me contains personal information about you - for example, your name and address. The Welsh Government will be the data processor for this information and, in accordance with the General Data Protection Regulation, it will be processed in order to

fulfil our public task and meet our legal obligations under the Act to provide you with a response.

We will only use this personal information to deal with your request and any matters which arise as a result of it. We will keep your personal information and all other information relating to your request for three years from the date on which your request is finally closed. Your personal information will then be disposed of securely.

Under data protection legislation, you have the right:

- to be informed of the personal data we hold about you and to access it
- to require us to rectify inaccuracies in that data
- to (in certain circumstances) object to or restrict processing
- for (in certain circumstances) your data to be 'erased'
- to (in certain circumstances) data portability
- to lodge a complaint with the Information Commissioner's Office (ICO) who is our independent regulator for data protection

For further information about the information which the Welsh Government holds and its use, or if you wish to exercise your rights under the GDPR, please see contact details below:

Data Protection Officer
Welsh Government
Cathays Park
CARDIFF
CF10 3NQ
Email: DataProtectionOfficer@gov.wales

If you are dissatisfied with the Welsh Government's handling of your request, you can ask for an internal review within 40 working days of the date of this response. Requests for an internal review should be addressed to the Welsh Government's Freedom of Information Officer at:

Information Rights Unit,
Welsh Government,
Cathays Park,
Cardiff,
CF10 3NQ

or Email: Freedom.ofinformation@gov.wales

Please remember to quote the ATISN reference number above.

You also have the right to complain to the Information Commissioner. The Information Commissioner can be contacted at:

Information Commissioner's Office
4th Floor
No. 3 Circle Square

5 Hawkshaw Street
Manchester
M1 7BL

Telephone: 0303 123 1113
Website: www.ico.org.uk

However, please note that the Commissioner will not normally investigate a complaint until it has been through our own internal review process.

Yours sincerely,